# **AQUARIUS SUB-AQUA CLUB**

# **Pool Guidelines**

## **Safety Cover**

- 1. All instructions issued by the pool attendant must be followed without question.
- 2. Final responsibility rests with the pool staff.
- 3. All SCUBA sessions will be under the control of the Pool Marshall.
- 4. The Pool Marshall is responsible for the safety of Members and must be informed of all activities taking place.
- 5. All SCUBA training will be conducted under the guidance of a qualified Diving Instructor.
- 6. There will be a maximum of four trainees to one instructor for underwater instruction.
- 7. A Rescue Diver, with a minimum diving grade of SAA Club Diver, will be in readiness to enter the water at any time during the session.
- 8. No children will be allowed in the "kit" area (the left side of the spectator area when entering the pool area).

### **Club Activities**

- 9. All members must give their name to the Pool Marshall before entering the water.
- 10. Pool fees will be paid before entering the water.
- 11. The number of divers in the pool at any time will not exceed fifteen.
- 12. All cylinders must be protected by a rubber boot and laid down flat if left unattended.
- 13. No heavy items, like weight belts, to be dropped into the pool. If heavy items required to be placed on the bottom of the pool area they must be "swum down".
- 14. No SCUBA equipment will be used by individuals not trained or being trained in its use.
- 15. No free swimmer are allowed in the dive area whilst SCUBA training is being conducted.
- 16. No-one will take any club equipment without permission of the equipment officer or member of the committee.

### **Pool Rules**

- 17. No outdoor shoes will be worn on the pool side.
- 18. No running along poolside.
- 19. No diving in the shallow end.
- 20. No excessive shouting and screaming.
- 21. No pushing and ducking other users.
- 22. No acrobatics or gymnastics in or around the pool.
- 23. No "bombing" other swimmers.
- 24. No back-diving i.e. diving into the pool back first, this does not include a backwards roll performed during dive training.
- 25. No throwing objects.
- 26. There must be no horseplay.